

RER DAY CAMP

Sample Itinerary

Objective: Provide the most adventurous day camp this side of the majestic Sierra Nevada's. Host a 4-day long day camp with fun outdoor activities for kids ages 8-13.

Time span: Five 4-day long Day Camp sessions, Monday-Thursday, beginning the second week of June 2014. Each day will begin at 8am and end at 3pm.

Cost: \$250 per 1st child with available discounts for multi child/sessions. We are expecting about 20 children per session.

Staff and Equipment provided: 1 bus & driver, 4-5 guides/camp counselors, Camp t-shirt, name badges, gold panning equipment, shovels and brushes (for digging), non-toxic paint and paint brushes, fishing poles, kayaks, paddles, rafts, games & adventure!



Day 1:

8AM: Check-in campers, give them name badges, get lunch orders, and have them meet us out on the patio where staff will be waiting to introduce themselves and get acquainted with campers.

8:30AM: Staff Introductions and Camp Rules. Split camp into two groups by age.

9:00AM: Ice breaker games. (Played in separate groups)

Toilet Paper Pass

You will need 2-3 rolls of toilet paper depending on the size of the group

1. Have the group sit in a circle
2. Councilor tells the group to pretend that they are going on a camping trip overnight.
3. The group leader then passes out the rolls of toilet paper and tells the group that they'll need to bring enough toilet paper for one night in the forest.
4. Once they have taken their sheets, tell them that for every piece of paper that they took, they need to tell the group one fact about themselves.

10:00AM: Adventure walk down to the ceremony site. Nature education session with trees and cottonwood creek area. Then more games!

-Sharks and minnows

-Fire (2-4 teams, one blindfolded person sits in the middle of the grass, and we surround them with big sticks, kids try to quietly approach from different sides to steal the sticks, if the 'fire' hears someone approaching he/she points in their direction and they have to go back to their side. Whichever team has the most sticks in the end wins!)

11AM: Lunch up at the patio

12PM: Time to get on the bus and drive to Lake Ming or the takeout for an afternoon of fishing/clam hunting/wildlife observation/lizard catching/frog hunting/being a kid

2:30PM: Back on the bus to head back to camp headquarters and get ready for parent pick up.

3PM: See you tomorrow! (make sure campers get signed out by a parent)

Day 2:

8:00 AM: Check-in

8:15 AM: Face painting. Campers partner up and paint each other's faces like a Native American. Make paper headpieces with feathers (younger age group).

9:00 AM: Load up on the bus and head to our put in location to learn about Native Americans in our area.

At the put in: look for signs of Native Americans in the area. Locate and observe the pictograph. Create our own interpretation of the pictograph and duplicate with paint on a rock to take home.

10:00 AM: Archeology Dig: Campers will have assigned squares of land to dig in, where they will each find something in the sand to take home. Multiple locations available. Items found will include Beads, shark teeth, coins, etc.

11:00 AM: Lunch Time!

12:00 PM: Rotate between rock wall and water ballon games!

3:00PM: End of Day

Day 3

8:00 AM: Check-in

8:15 AM: Nature walk or bike ride. Look for signs of animals, identify plants in the area. Maybe walk to the creek and look for wildlife in the water (insects, fish, frogs, crawdads)

9:00 AM: Field Trip to CALM Zoo!

11:00 AM: Lunch at the zoo!

12:00 PM: Travel back to camp head quarters to go Gold Panning.

- begin with a lesson at the rafting center.

- campers will practice panning for gold till they master their skills.

- after an hour or so we will drive down to the river/creek and pan for gold in a real live situation and find natural occurring gold. Campers get to keep all their finds.

3:00 PM: Say Goodbye!

Day 4:

8:00 AM: Check-in

8:15 AM: Drive to the put-in and teach campers about river safety.

8:30 AM: Spend morning learning how to kayak and playing fun games like slip-n slide.

11:00 AM: Lunch Time!

12:00 PM: Official Camp Rafting Trip down the river with experienced raft experts!

3:00 PM: Say Goodbye and try not to cry!

